

Quest Food Management

001541 - sandwich- chicken parmesan : nslp	Components	Attributes
HACCP Process: #2 Same Day Service Number of Portions: 50 Size of Portion: serving	Meat/Alt: 2.5 oz Grains: 2.5 oz Fruit: Vegetable: Milk:	

Ingredients	Measures	Instructions
990047 chicken patty breaded 509728.....	11 lbs + 1 oz	line a full sheet pan with baking paper, and bake at 350 until internal is at 165. place in 2" pan and cover loosely with saran wrap and hold in heated cabinet until service. assemble sandwich with sauce and cheese. this sandwich should be served warm, to prevent the bun from drying out, one should be used a display plate and the others individually wrapped in foil.
000731R sauce, house spaghetti meatles.....	100 ounces	
901970 cheese mozzarella 2% shredded gfs....	1 lb + 9 ozs	
903400 bread bun hamburger gfs 254262.....	50 bun	

*Nutrients are based upon 1 Portion Size (serving)

Calories	423 kcal	Cholesterol	48 mg	Protein	23.94 g	Calcium	161.17 mg	44.47%	Calories from Total Fat
Total Fat	20.90 g	Sodium	1055 mg	Vitamin A	113.9 RE	Iron	3.67 mg	6.45%	Calories from Saturated Fat
Saturated Fat	3.03 g	Carbohydrates	38.60 g	Vitamin A	569.6 IU	Water ¹	*23.03* g	*0.00%*	Calories from Trans Fat
Trans Fat ¹	*0.00* g	Dietary Fiber	5.77 g	Vitamin C	7.8 mg	Ash ¹	*0.32* g	36.51%	Calories from Carbohydrates
								22.64%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes optional nutrient values